



2025
Tümata & Friends
Güvenç Hane



Yearly intensive week
in remembrance of Dr Rahmi Oruç Güvenç
Continuation of our spiritual journey
26.06.2025 – 06.07.2025

Dear interested readers and seekers, dear friends,

As in previous years, we invite you to an intensive remembrance week dedicated to the spiritual path of Dr Oruç Güvenç. The psychologist and Sufi master researched the healing culture of the Turkic cultures and, with the help of experienced scientists from the West and Turkey, developed an usable form. As a result, the healing culture of the Turkic peoples, which had developed over thousands of years, also became known in the West.

The anniversary of Oruç's death, the night of transition in which he left his physical form behind to travel to the Otherworld, has become a light of remembrance of what he left behind in love, musically and spiritually. In deep gratitude we continue on the path and connect with what makes us love and what gives us confidence on our way into the future. Oruç's Sufi message proclaims the knowledge of divine unity - of all peoples, all religions and all existence - and the religion of the heart, in love with the beauty of all creation.

The colourful music from the sources of shamanism, folk music, classical Makam (tonal) music and spiritual music (Sufi music) appeals to body, mind and soul in equal measure. Together we experience the sounds of instruments & voices, songs & dances from the landscapes of Khorasan, the land of the rising sun. We will experience rhythms & practise the traditional rituals, prayers, zikir & sema forms.

The past is behind us, the future is unknown to us, the present moment is always happening right now. The anniversary is a motivation and inspiration to move on in calm, gratitude, peace and joy.

We can go on excursions into the beautiful natural surroundings, relax in the garden, go to the thermal baths or take a dip in the Güvenç Hane's private swimming pool.

The path with Oruç is strongly linked to moments in which we realised what the moment means. Sometimes central moments of change.

Changes are based on lived experience, a subjectively lived event. Always accompanied by feelings. When music takes us back to the past, it can motivate and inspire us in the present in such a way that its energy brings the future to life.

During these days, we want to open up a space of trust in which the heart can open up.

Everything in life has its time:
birth, death, crying & laughter
and to celebrate life!

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Elements of the week:

- Baksı Dance
- Dances & Songs from Centralasia
- prayers & meditation forms for various occasions
- Sitting Zikir, Standing Zikir, Running Zikir, Group Zikir
- Sema forms: Dedeler Köy Sema – Horasan Sema – Pigeon Sema - Partner Sema
- ilahis & die Zikir breathing techniques
- Oruç Compositions
- Sohbets
- Reading & listening to poems & valuable, ancient and fascinating literature



When: day of arrival: **26.06.2025**
day of departure: **06.07.2025**

Accommodation: There are two double rooms and one single room available in my house. In the garden there are two small sleeping huts for one person each and a double hut for two people. Up to 6 people can sleep in a large impregnated cotton tippi tent. Smaller tents can be set up.

Rooms are allocated in the house on a first come, first served basis.

There are hotels in the neighbourhood.

Meals: We are provided with fresh, tasty, healthy vegetarian food during this week. There will be a warm meal and fresh spring water, tea, coffee, fruit, dried fruit and salads will be provided.

Please indicate any food intolerances when registering so that we can cater for them.

Costs:

- ❖ The guideline for accommodation & catering, garden & pool use is 35 Euro per person, per night.

Please contact me if your budget is limited and we will try to find another solution. The cost should in no way be an obstacle to participation.

Rooms and sleeping places will be allocated on a first come, first served basis.

- ❖ For the seminar, we ask all participants to pay a self-determined and appropriate seminar fee, depending on their financial situation. At the end, everyone should have a good feeling that they have received appropriate value for money.
- ❖ Your questions are most welcome.

Registrations are requested: azizeguvenc@yahoo.de
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No previous knowledge is required for this seminar!

We look forward to seeing you!

Selamlar

Andrea Azize Güvenç